

CREDENTIALS

PATRICK J. COHN, Ph.D.

Mental Game Coach and Sports Psychology Expert

Publications >>>

Book on Audio or CD

Think to Win: How to Manage Your Mind on the Golf Course (1995)

Great Putting--Right Now! Using Your Mind to Putt Your Best (1998)

Books

The Mental Game of Golf: Using Your Mind to Putt Your Best (March 1994)

The Mental Art of Putting: A Guide to Peak Performance (January 1995)

Peak Performance Golf: How Good Golfers Become Great Ones (April 2000)

Going Low: How to Break Your Individual Scoring Barrier (January 2002)

Video Tape

Make Your Most Confident Stroke: A Guide to a One-Putt Mindset (1996)

Other Publications

Focus! Mental Strategies to Zone Concentration (2003)

Confidence! Mental Strategies to Think Like a Champion (2003)

Expert Appearances in the Media >>>

September, 2003
WPR - Wisconsin Public Radio

The role of a mental game coach in sports performance.

May, 2003
KCKN Radio
Sports Psychology

March, 2003
Radio Interview WCWA
Sports Psychology issues
Toledo, OH

February, 2003
John Morri Radio Show
Golf Psychology
Anchorage, Alaska

January, 2002
Karen Grant Talk Show KRSK Radio
Mental state of athletes, sports psychology, Going Low book
Monterey, CA

January, 2002
Radio Rich Flanherly
Sports Psychology
Rochester, NY

January, 2002
Vince Mastracco KHTK Radio
Mental state of athletes, sports psychology, Going Low book
Sacramento, CA

May, 2002
Danielle Tucker
"The Golf Club" Radio Show
Golf Psychology

December, 2001
Russ Jackson Show WDSR Radio
Mental state of athletes, sports psychology, Going Low book
Jacksonville, FL

December, 2001
Marion Wroble WBET Radio
Mental state of athletes, sports psychology, Going Low book
Brockton, MA

December, 2001
Chip Howard Sports KZNE Radio
Mental state of athletes, sports psychology, Going Low book
College Station, TX

December, 2001
Bob Clark Morning Show KRSN Radio
Mental state of athletes, sports psychology, Going Low book
Santa Fe, NM

November, 2001
Brent Bissell CFPL Radio
Mental state of athletes, sports psychology, Going Low book
Ontario, CAN

November, 2001
WPTV News TV Interview
Mental Game of golf at PGA Tour School
West Palm Beach, FL

November, 2001
Mark Heffernan Sports Rap KERI Radio
Mental state of athletes, sports psychology, Going Low book
Bakersfield, CA

October, 2001
Valerie Mack Public Affairs WJBR Radio
Mental state of athletes, sports psychology, Going Low book
Wilmington, DEL

October, 2001
DO I LOOK OK Radio Show WCBS
Mental state of athletes, sports psychology, Going Low book
New York, NY

October, 2001
Breakfast Brunch WWBA Radio
Mental state of athletes, sports psychology, Going Low book
Tampa, FL

October, 2001
Metro Source Network Sports Radio
Mental state of athletes, sports psychology, Going Low book
New Jersey

October, 2001
Jordan Rich Show WBZ RADIO IN BOSTON
Sports psychology
Boston, MASS

INSTILLING CONFIDENCE FOR A COMPETITIVE EDGE

PEAK PERFORMANCE SPORTS

October, 2001

Sports Talk KKO Radio

Mental state of athletes, sports psychology, Going Low book
Albuquerque, New Mexico

October, 2001

**Rob and Shannon Show
WBTT-WODL Radio**

Mental state of athletes, sports psychology, Going Low book
Birmingham, AL

November, 2001

**Business Show WBNW
and WPLM Radio**

Mental state of athletes, sports psychology, Going Low book
Boston, MASS

September, 2001

Thunder Rumbles WTBT Radio

Mental state of athletes, sports psychology, Going Low book
Tampa, FL

September, 2001

**Sports Show With Bill and Jim
KDUS Radio**

Mental state of athletes, sports psychology, Going Low book
Tampa, FL.

September, 2001

Morning Guys KFX Radio

Mental state of athletes, sports psychology, Going Low book
Portland, OR.

June, 2001

**The Exchange: WVIT-TV (Channel
30 in Hartford) WFSB-TV (Channel
3 in Hartford) WTNH (Channel 8 in
New Haven) FOX 61 (Hartford)**

Greater Hartford Open & New book
Going Low
Hartford, CT.

June, 2001

Round Table The Golf Channel

Interview on Going Low
Orlando, FL

March, 2000

Jim Golf Shown KVET

Golf Psychology
Austin, TX

January, 2000

**Larry Barris Radio Interview
Edmonton**

Sports Psychology
Edmonton, CAN

July, 1998

**Golf Talk Live with Peter Kessler
The Golf Channel**

Psychology of Golf &
Mental Art of Putting
Orlando, FL

November, 1995

**Golf Central on
The Golf Channel**

Mental Art of Putting and Fear in
Golf.
Orlando, FL

Professional Presentations

August, 2003

**Mental Skills for Successful
Swimming**

2003 Niagara County Swim League
Conference,
Fredonia, NY

April, 2003

**Six Mental Skills for Success in
Sports and Life**

Seminar presented to Executive
Sports Club of Orlando.
Orlando, FL

May, 2002

**Going Low: Playing Golf Without
Self-Limiting Expectations**

Executive Golf LTD. Seminar
presented to Ford Credit.
Bend, OR.

July, 2001

**Developing a Championship
Mindset for Football Coaches
and Their Players**

Seminar Presented to Miami Dolphins
Coaching Staff.
Miami, FL

May, 2001

**Making Positive Choices in
Attitude**

Seminar presented to Investment
Leadership Network.
Phoenix, AZ.

January, 2001

**Attitudes for Success in Sports
and Business**

Seminar Presented to IBM Canada at
a week-long seven-day sales seminar
meeting.
Toronto, ON.

April, 1999

Helping Athletes Enter the Zone

11th Annual Clinical Symposium of
the Athletic Trainers Association of
Florida (ATAF)
Orlando, FL.

April, 1997

**Sports Psychology: Managing
Performance Anxiety**

9th Annual Clinical Symposium of the
Athletic Trainers Association of Florida
(ATAF)
Orlando, FL.

February 9, 1996

**The Psychology of Peak
Performance**

North Florida PGA East PGA
education seminar Central chapter
Orlando, FL.

October 28-November 1, 1992

**Understanding and Enhancing
Confidence in Athletes: From
Research to Practice**

AAASP National Conference
Colorado Springs, CO.

April 7-11, 1992

**Developing Psychological Skills
of Collegiate Athletes: Issues and
Strategies.**

AAHPERD National Convention
Indianapolis, IN.

April 3-6, 1991

**Understanding and Utilizing
Pre-performance Routines**

1991 AAHPERD National Convention
San Francisco, CA

June 25-30, 1990

**Peak Performance and Peak
Experience in Sport**

1990 University of Virginia Sports
Psychology Conference
Charlottesville, VA

Education

Ph.D.

Applied Sports Psychology

University of Virginia
May, 1991

M.S.

Applied Sports Psychology

California State
University, Fullerton
August, 1987

B.S.

**Exercise Science
and Physical Therapy**

State University of
New York at Buffalo
May, 1985

B.A.

Psychology

State University of
New York at Buffalo
May, 1984